



## What we do

At York County Community Health Care, qualified, experienced and caring professionals provide quality medical care, dental care and mental health services for people of all ages – newborns, children, teens, adults and elders.

*We're here for you.*

*At the Health Care Center, we are eager to partner with you to improve your health, well being and therefore, quality of life.*

Call **490-6900**  
to make an appointment.

*The mission of York County Community Action Corporation is to alleviate the effects of poverty, attack its underlying causes and to promote the dignity and self-sufficiency of the people of York County, Maine.*

YCCAC helps to alleviate poverty in York County by providing a diversity of programs and services. Some of our programs are designed to meet basic needs, such as shelter, transportation, fuel assistance and nutrition information. Others are designed to help our clients build assets so that they can become financially independent. Our newest program, York County Community Health Care, provides Medical, Dental and Mental Health services to Adults and Children.

YCCAC programs include:

- Community Outreach
- Energy Services
- Head Start
- Housing Services
- Health Care Services
- Transportation
- WIC - Women, Infants and Children

Visit our website at:  
**[www.yccac.org](http://www.yccac.org)**



**Access to Quality  
Medical, Dental  
& Mental Health  
Services for All**



PO Box 72 6 Spruce Street  
Sanford, Maine 04073  
207 490-6900 800 965-5762



Formerly  
Spruce Street  
Health Center

***York County Community Health Care (YCCHC) offers medical, dental and mental health services to York County residents - providing services to people of all ages - newborns, children, teens, adults and elders. YCCHC accepts MaineCare, Medicare and private insurance. For those without insurance, discounts are available based on household income.***

### ■ Medical Services

- Preventive Care (annual physicals, pap smears, blood tests, referrals etc.)
- Diagnostics and Treatment of Acute Illnesses
- Physicals for students

### ■ Dental Services

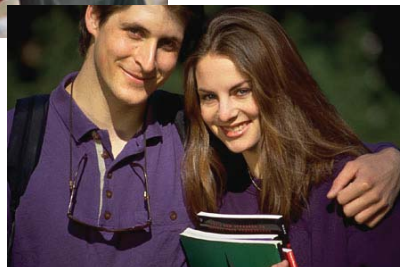
- Preventive Care
- Restorative Care
- Emergency Services
- Dentures

### ■ Mental Health

- One-on-One Counseling
- Family & Couples Counseling
- Support Groups

**Health Care Providers**

Susan Martin, *Family Nurse Practitioner*  
 Kate Delewski, *Physician Assistant*  
 Andra Boak, *Dentist*  
 Carmella Dube, *Dental Hygienist*  
 Angela Tardiff, *Dental Hygienist*



### Hours of Service

York County Community Health Care is open five days a week, including some evening hours, for your convenience.

Call 490-6900

to make an appointment.

Visa & MasterCard welcome.